



## Aerial Silk - Level 7

### Climbs

- Monkey Climb
- Hocks Climb
- Teardrop Climb

### Tricks

- Meathook (vom Boden)
- Amazone
- Jade
- Real Flag
- Back Balance
- Storch
- Lampion

### Transitions

- Boule to Back Bend Sequence (mit Zwischenfigur „Eisvogel“)
- Sirene to Legs Crochet

### Drops

- Apollo
- Storchenflug