



Aerial Silk - Level 8

Climbs

Hip Key Loop Climb
Flamenco Hock Climb
Drunk Climb

Tricks

Leg Roll
Nuke
Thigh Hitch Windmill
Belay aus Cross Back Straddle
Music Box
Mary Jane / Fisch

Drops

Windmill
Scary Thigh Hitch Drop
Raindrop
Super Bowl
Star Drop mit Salto